

PROGRAMME CONTENT

Course Name	Level	Credits	Course Prescription
Introduction to Natural Medicine	4	15	In this course students are introduced to the philosophy of natural medicine and the concepts of <u>Rongoā</u> Māori and herbal medicine in a New Zealand context. Concepts of holistic health, well-being, a healthy lifestyle and prevention of disease will be introduced. The principles and goals of Herbal Medicine will be explored. A range of herbs and their traditional and modern applications will be studied.
Introduction to Biological Sciences	4	15	In this course students are introduced to the essential concepts of the biological sciences. General principles of chemistry, biochemistry, microbiology, anatomy and physiology, and nutrition, will be explored with reference to the normal healthy human body
Academic Learning Skills	4	15	In this course students will develop study skills, academic writing, reasoning and effective communication. Students will develop an understanding of academic integrity.
Computing & Digital Skills	4	15	In this course students will develop skills in information and digital technology in an academic context.