The following BNatMed 15 credit courses only, are available for study as personal interest courses:

Semester 1 (February – June)

- Anatomy & Physiology 1 (L5)
- Principles & Philosophy of Natural Medicine (L5)
- Foundations of Research (L5)
- Herbal Medicine 1 (L5)
- Nutrition 1 (L6)

Semester 2 (July – December)

- Anatomy & Physiology 2 (L5)
- Rongoā Māori Healing Concepts (L6)
- Herbal Medicine 2 (L5)
- Biochemistry of Foods (L5)
- Nutrition 2 (pre-req: Nutrition 1) (L7)

Should the student opt to enrol into the BNatMed at a later stage, then the abovementioned courses may be credited to the BNatMed, provided an overall pass grade is achieved. Entry into the BNatMed will still require the student to meet all entry criteria.