



[A message from the  
College Board  
Chairperson](#)



*Kia ora, tatou. We hope you're getting a chance in the post-Covid calm to catch up on anything that needs doing – in life or study!*

*The Board held a successful Annual General Meeting recently, including the launch to members of the 2020-2022 Strategic Plan. We think it's an exciting document, in particular the intention to promote natural healthcare within the community as well as through opportunities for graduates and practitioners.*

*As well as being bound by the various Ministry of Education agencies like NZQA, SPCNM also has its own governing rules, and these were also brought up to date at the AGM. A major focus there is transparency and accountability to be as engaging as possible for members – most of whom are SPCNM graduates. SPCNM is also very fortunate to own its land and building, so there is quite an asset to protect for members into the future.*

*Over both the Strategic Plan and the updated Rules are the prospect of change looming over the natural medicine landscape and the Board's duty to serve you as students, now and into the future, through quality teaching and learning managed as well possible by Robyn and the team. So please study hard and let your voice be heard in class, and keep in mind that SPCNM aims to be a resource for you well into the future.*

**Pieter Watson**  
**Board Chairperson.**

**IF YOU DON'T GO AFTER  
WHAT YOU WANT, YOU'LL  
NEVER HAVE IT. IF YOU  
DON'T ASK, THE ANSWER  
IS ALWAYS NO. IF YOU  
DON'T STEP FORWARD  
YOU'RE ALWAYS IN THE  
SAME PLACE.**

**- NORA ROBERTS**

## Tena koutou katoa - Welcome to Semester 2!



Dear students,

I'm sure you all feel as I do, that my dearest hope for Semester 2 is that we have none of the disruptions of earlier in the year and that we can all continue our College activities uninterrupted.

We have a number of new faces at College – Marcellina Berwick, Student Enrolment & Progression, will address any questions that you have about your study pathway, as well as being the first person to go to for any pastoral (personal) issues. Marcellina will look after our Māori & Pasifika students.

We also welcome a number of new teachers – Morella Lascurain, teaching Mind Body to the third-year students and Ariana Sutton teaching Rongoā Māori healing concepts to the first-year students. Ariana is teaching this on-line: several of our Year one classes are small and so are not being offered on-campus. Lynette Hill, one of our Clinic Supervisors, is teaching Managing a Professional Practice and one of our NZ Certificate courses – Introduction to Natural Medicine. We have two new Clinic Supervisors – Amy Wallace and Sarah Wilkinson.

Welcome to our new students starting this semester, those who are taking the NZ Certificate in Career and Study Preparation, and Personal Interest Courses.

Please check for upcoming events at the College – It's not too late to attend our evening mindfulness classes and yoga classes on Tuesday night.

Herb Rihari, our kaumatua is coming to teach a wananga on powhiri – we're especially keen for Year 1 and 2 students to attend this – Tuesday 4<sup>th</sup> August at 2pm.

We are launching a student council shortly, not only to provide a voice for student issues but also to liven up our social lives with some fun events (and we're a few months behind in this now!)

Please don't hesitate to email me if you have any issues, questions or feedback.

**Nga mihi**  
**Robyn**



## WOMEN'S REFUGE

You will remember that in Semester 1 (before we went into lockdown) we had books that had been taken out of the library system and a few knick knacks on the table outside of Classroom 1 up for grabs. We encouraged you to make a koha for books, etc taken. Thank you to all that contributed – we collected \$110 to donate to the Women's Refuge. A wonderful result!

## MEDITATION AND YOGA CLASSES HELD EVERY TUESDAY NIGHT - CONCLUDING SEPTEMBER 15<sup>TH</sup>

IT IS NOT TOO LATE TO JOIN IN – FRIENDS AND FAMILY WELCOME

The Art of Mindfulness – Classical Meditations to Revive and Restore 6 pm – 7 pm

Yoga Flow – Gentle Hath and Yin Practices to Build and Balance 7.15 – 8.15 pm

Please email [catherine.wilson@spcnm.ac.nz](mailto:catherine.wilson@spcnm.ac.nz)  
Cost is approx. \$18 per class

## NEW STAFF FOR SEMESTER 2



**Marcellina Berwick** – Student Enrolment & Progression

**Morella Lascurain**  
Lecturer – Mind and Body



**Ariana Sutton** – Lecturer Rongoā Māori Healing Concepts

**Amy Wallace** – Clinic Supervisor



**Sarah Wilkinson** – Clinic Supervisor

Lynette Hill is now both a Clinic Supervisor and a Lecturer for Semester 2. For more info see staff profiles on the college website.

### WELCOME ALL!



I hate that moment when you are tired and sleepy but as soon as you go to bed your body is Like: "Just Kidding"

## Lost property

- A grey pearl earring
- Gold ring with stones (one stone missing) – this was found outside of the library
- Set of keys (look like a front and back door key)
- Silver drop earring

Please see Catherine at reception if any of these belong to you.